75 Most Overlooked Items For Preppers

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Listen – you grabbed this for a reason…

And there’s no doubt that one of the greatest differences between success and failure is the importance of…the little things. You know as well as I do that there’s a clear reason why men of equal talent and experience don’t always have success. We know that men of less talent often have greater success.

And like you – I’ve wondered why.

Tell you what – here’s a freebie for you. All the blogs, YouTube videos, TV shows and message-boards talking about prepping food, water and guns are just the beginning.

Truth be told, these are very important but to be a true winner in the game you need much more than food and weaponry.

So I put together a list of 75 necessary – yet mostly overlooked items you need to consider prepping for a SHTF (S**t Hits the Fan) scenario.

Please pay close attention to this – it could mean the difference between life and a painful, drawn out death:

1. **Pool Shock** – Got $15 bucks in your wallet? Take it and turn that pocket change into 100,000 gallons of clean drinking water. [Click Here for Instructions]

2. **Hand Tools** – Think about the tools you’ll need like drills, saws, screwdrivers, etc. But here’s the kicker – what’s the most common need for each of these? Electricity. Because what happens when you’re without power? You’re going to need some good old-fashioned ‘muscle’ driven hand tools. Hand tools for a few basic essential needs that’ll surface during the coming collapse. You’ll need to cut, drill, nail, and drive screws.

3. **Deodorant** – Hey, let’s be real – you’ll want to feel normal and a big part of that is smelling good. And so will everyone else…so even if it means nothing to you, it might to someone else and that could put you in a good position for trading if it comes down to it.

4. **Zip Ties** – Seal your goods, make quick automotive repairs, fasten shelters and even use them for bundling kindle or even as a tourniquet – with so many versatile uses keep zip ties on hand for the inevitable.
5. **Shampoo** – Yes – you may not care so much about washing your locks when you must concern yourself with more important things – like survival. But trust me – so many people will be trying to simply get back to normal that they’ll be looking for common comforts…use shampoo for a trade…get thing that save your life and wear a hat.

6. **Salt** – Salt is a preservative – so it doesn’t go bad. It’s mined from the earth and has been here longer than we have. But beware – don’t use iodized salt…no good. You’re benefits will be greater in stocking Himalayan sea salt. Himalayan sea salt has 84 elements including iodine. When we’re jetted into the past after the coming crash, we can use fortified salt as a nutrient and better still – a form of trade. Salt can also prevent mold accumulation and is essential in fermenting, canning, food preservation, and it also aids in cooking processes. A multifunction you MUST have!

7. **Coolers** – Coolers are great for keeping food fresh in the short term. If you’re without power or even if you need to make a break for it coolers are an essential addition to your bug-out plan. Coolers also come in very handy for other applications such as storing the hunt and holding water. Stock up on solid and collapsible coolers – cuz you’ll need more than one.

8. **Books or other reading materials** – In an emergency power, and connection to the internet will be long gone. When you need answers “Googling it” won’t be an option. Stock up on books that outline skills like woodworking, farming, medicine, first aid, cooking, herbal remedies, and survival. Build a library that will give you essential information to survive your situation. Even keep some fiction novels and storybooks near by for entertaining the family once Netflix has gone dark.

9. **WD-40** – This is the perfect lubricant for most any situation. It actually helps loosen any moving part, simplify engine repair – and prevents rust…much more.

10. **Sewing Supplies** – Guess what? That repair job or the buttons on your waste band will start falling apart after a while. Keep plenty of simple sewing supplies on hand for fabrics you kept in your rotation, a quick fix for your clothes, and even to fabricate fishing gear…or to sew wounds if need be.

11. **Bolts, Nails Screws** – Keep these on hand for general building and repair. You need to have a surplus of an assortment of nails, bolts, and screws if you ever hope build up or keep your structures in tact. You cannot have enough fasteners.

12. **Cooking Oil Preservative** – If you buy straight up cooking oil from your grocer, you may see a short shelf life. But add a little BHT (antioxidant) and store it in a cool spot you’ll be able to use it safely up to 2 years longer than it’s shelf life. BUT…if you’re looking for a greater, multi-
function option, get some coconut oil. It has a longer shelf life and can be used as a lotion, hair care, sunscreen, and as an antiviral.

13. **Paper and Pencils** – Some uncommon things to think of when preparing a survival regimen. But honestly paper and pencils (pens too) can come in very handy for messaging, notes, and journaling. Plus they can provide a great hardcopy for planning.

14. **Spare Parts for your bug out bag** – Your gear may break, it will probably get damaged, and you’ll need to repair it. Make sure you lay out all your gear, observe the parts and have enough parts to repair your essentials a few times over.

15. **Cold Medicine** – There are some great OTC cold medicines that are privately produced – that is, natural medicines that can prevent and treat simple, debilitating colds and flus. Don’t rely on the government or Big Pharma to help…[check this out and get and stay healthy](#) – you’ll need your strength and wits about you when the inevitable strikes.

16. **Lantern Mantles** - It’s so important to remember to keep spare parts ready to go…because things brake. Don’t forget about your lanterns – always keep plenty of mantels, extra bulbs and batteries on hand and let there be light.

17. **Gun Cleaning Supplies** - Your gun is at the top of your survival pack – it’s maintenance should be on the top of your to do list. Make sure it’s in perfect working order by scrubbing it clean so it will function without issue or flaw. Successful hunters have clean guns.

18. **Plywood and Plastic sheeting** – In case you have a “wardrobe malfunction” on your home or shelter – you’ll need plywood and plastic sheeting for a quick and complete repair…or even to secure your windows.

19. **Bleach** - When you’re in a pinch, bleach will purify your water. Plus it acts as a sanitizer and all-purpose cleaner.

20. **Household Cleaning Supplies** - Regular cleaning of your structure and eating areas will keep you healthy and helps repel bugs and rodents.

21. **Sponges** - Sponges have multiple purposes. They come in a wide variety of shapes and sizes and are easily trimmed to fit a specific need. Their usefulness goes beyond mere cleaning – they’re also good for water absorption (soaking up small sources of moister like dew) and they’re a great addition to your first aid kit because they also serve as cushioning for injured limbs, can act as bandages, etc).
22. **Towels and Washcloths** - Just like sponges, towels and washcloths can be used for many different things. Besides cleaning and first aid, towels and washcloths can be used to transport or carry items. Other uses? How about a makeshift facemask or windbreaker. Plus fire starters, signaling, sun blocker, and much more. Hoard them like there’s no tomorrow...because tomorrow might be too late.

23. **Gold Bond or Baby Power** - Use it to reduce friction, helps rashes heal...and prevents or reduces itching.

24. **Baby Supplies – Diapers etc** - If you have a baby. You will never have too many baby supplies. Don’t forget – stockpile them for the long haul.

25. **Games** - There won’t be any Xbox or Playstation when the deal goes down...so make sure you can entertain the troops with simple games that require no electricity or batteries – save the batteries for your game of survival.

26. **Sunscreen** - Chances are you’ll be working outside. Slather on the sunscreen because the last thing you need is to get sunburn. So Play it safe. And keep in mind that when the SHTF, stronger UV rays could be part of the problem.

27. **Bug Spray** - Keep Off off the shelf and close by your side. It'll protect you against ticks, mosquitoes, and the hoard of other irritating bugs that bite and spread disease or worse – death.

28. **Cold Weather Gear** - You’re going to need appropriate clothing, pack in a few extra calories, efficient, reliable transportation, and heat sources in case necessity turns to emergency.

29. **Comfort Foods (Candy, sweets, special treats)** - Making things as comfortable as possible is not restricted to hardware and strategic defense...comfort can also begin in your stomach. Grab some chocolate, cookies, and any other sweet-tooth ticklers that make you feel homey and relaxed. Don’t care for the desserts? This stuff makes great bartering tools too. Stock up you’ll be thankful you did.

30. **Chains and Locks** - The last thing you want is some yahoo coming along and ripping off the stuff you so thoughtfully gathered. Lock it up.

31. **Rubbing alcohol** - An essential, but often forgotten element for your first aid kit. Of course this is not a perfect disinfectant, but it can definitely help. Other uses...degreaser, cleaner, drying agent for bites and sores, fire starter, and can remove nearly anything sticky.
32. Mouse Traps - You’re going to have enough food to feed your family for years(s). Don’t let it become tainted by rodent droppings and nibbles.

33. Oil Lamps and Lamp Wicks - Propane isn’t going to last forever, but with oil lamps and extra wicks you can use a variety of fuel sources – giving you light when the world is in darkness.

34. Lice Shampoo - In all SHTF scenarios, bugs are not going anywhere. In fact, they’ll be on the run looking for hosts and new real estate on the heads of you and your loved ones.

35. Duct Tape - Nuff said.

36. Liquor - Outside of the obvious reasons, liquor has a great barter value, fire starter and can be used as a disinfectant (but only if you MUST...right?).

37. Glasses – Prescription, reading and sunglasses - Keep a pair (or two) close by. Vision is one of your best assets, don’t be a fool and lose your edge.

38. Alcohol Wipes - Wipes, such as the ones in packets that you find in a doctor’s office, are excellent quick disinfectants that can be easily stowed for short trips.

39. Eye drops - Allergies, sty's, dust, scrapes, sand and other irritations? Then wash them away with soothing eydrops.

40. Pet Food - Little Fido or Tigger needs to be as settled as possible too. Most dogs and cats stay satiated when their bellies are full – don’t forget the kibble and tuna!

41. Fertilizer - Eventually you'll need to grow your own food. Keep plenty of fertilizer on hand and prepare to develop a green thumb...for indoor vegetable gardening.

42. Laundry Detergent - You may want to have fresh, clean clothes and linens on occasion...so make sure you have your favorite detergent on hand and plenty of it. April fresh...

43. Buckets – Buckets are pretty basic, get a nice assortment for water transportation, cleaning, and sanitary food storage.

44. Clothes Pins – Used for hanging clothes – of course...but here are some other ideas you may not have thought of. Clip bags to keep foods fresher, help keep your tomatoes (any low hanging fruit or veggie) off the ground and for clamping things together while repairing smaller items or keeping wires and cords organized.
45. **Children’s clothes in sizes larger than they wear** - Kids grow quickly and you will need new clothes for them maybe even before you have to feed them again!

46. **Superglue** - Outside of really sticking things together, superglue can be a great addition to your first aid kit. If you don’t have the ability or tools to stitch deep cuts – superglue them together.

47. **Wash board** - Back to the pioneer days – at least it will feel like it when TSHTF…grab a washboard so you can effectively scrub your clothing and washables.

48. **Spray paint (black, white, green and brown)** - Camouflage your shelter, hunting stands, guns and your stuff.

49. **Pellets or Steel shot** - For a slingshot. These are great weapons that can have a never-ending supply of ammunitions – and they’re silent.

50. **Patches for tents and tarps** - Like your gear, tents and tarps age and need repair – don’t be caught without the tools to fix them.

51. **Work Gloves** - Work gloves are essential for safety and health while performing tasks where your hands are at risk to be cut and/or contaminated or infected. A simple cut can quickly lead to infection. Without proper medical treatment, that infection could kill you.

52. **Lime** - Depending on the type you stock up on lime has at least a dozen practical survival uses. Food preservation, cooking, weaponry, heating, water treatment, construction and blacksmithing/smelting. It is also high on the list for bartering.

53. **Charcoal/lighter fluid** - The basics when it comes to cooking, but can also be used to clean your water supply, can be consumed and used for gastric problems, it is used in gunpowder and can be used for art. Another great multiuse product.

54. **Birth control/Condoms** - In the event of structural failure (including pharmacy supply) you will need to be prepared for all events. You do not need any unwanted surprises.

55. **Vitamins and Supplements** - You may think that your food supply will cover all your dietary needs, but a strong focus on nutrition is key in keeping you and your family’s health strong and it promotes longevity. During a disaster situation, a daily vitamin regimen can assure each one in your brood has what their body needs to remain healthy. This will also help protect you from illness and disease. Plus you’ll all need to pull together to survive the disaster together and you can’t pull your weight if you’re sick.
56. **Razor blades** - For shaving and other cutting. Cheap to stock up on and using them will be an interesting change from your Norelco®! Grab an old fashioned safety razor or get real rustic – a straight edge.

57. **Saw blades** - With as much use as your saws will get, make sure you have plenty of replacement blades for vital ability to process wood for heat and fuel.

58. **Garden tools** - When it comes down to it no matter how well you’re prepared, your food will run out. Gardening will be a long-term sustainable food source. Be ready.

59. **Spark plugs** - What happens when your car won’t start? Check your plugs. In many cases that’s the problem (especially true on some bikes), so make sure your vehicles, and gas powered tools are sparking and running for you.

60. **Motor oil** - Make sure those tools and vehicles have clean, fresh oil. Keep those motors running great as long as you possibly can. You’re going to need them.

61. **Air Pumps** - Manual Air/Tire pump (and/or Fix-a-flat). Needed to do quick repairs on the road and you’ll need a quick fix if you run into trouble when you bug out.

62. **Bird seed** - To attract wild birds…and then use them as a source of food.

63. **Fire extinguishers** - You are going to have tons of goods on hand, many may be flammable. If something goes wrong, you’re going to need to be prepared.

64. **Wire** - All sorts (Barbed, electrical, snare, etc). Good for security, repairing and hunting.

65. **Q-tips** - A small pack of cotton swabs goes a long way in your hygiene package. They’re also helpful for some medical applications and can even serve as entertainment…how is up to you!

66. **Cotton balls** - Again, these are a good addition to your hygiene package as well as perfect for first aid applications. Plus they’re good fire starters.

67. **Corn Starch** - This stuff ain’t just for cooking. This “fine” stuff is good at keeping rashes at bay. It can also be used to keep roaches away, clean carpets and your pets.

68. **Aloe** - What’s a first aid kit without aloe? This stuff can almost cure any bodily problem you can think of.
69. **Candles** - The lights will eventually go out and fuel should not be used all the time – keep the candles ready to go.

70. **Toothpaste and Toothbrushes** - You can make your own when the time comes, but for now grab all the multi-packs you can get your hands on.

71. **Gasoline Canisters** - and gas!

72. **Feminine Hygiene Products** - Ladies you need to be ready in your own personal way, and guys if you are the only one preparing…don’t forget female needs.

73. **Batteries** - All sorts for this. Make sure you have PLENTY for all your essential electronics as well as the bigger things.

74. **Garbage bags** - More than just for carrying trash, these bags – with a little ingenuity – can serve many uses.

75. **Zippers, buttons, snaps, Velcro, etc** - To fix what you broke or what has broken or worn out. Chances are if your gear has any way of closing together, you will need to replace it eventually.

This is just a short list of things you may have overlooked. So don’t be the failed, wannabe survivalist who eats crow. Be the one who OWNS your destiny.

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